

## PsychANP Full Fellowship Application Overview

Thank you for applying to become a Fellow of the Psychiatric Association of Naturopathic Physicians. Here is an overview of the application process.

1. Start the Application on our website [www.psychanp.org](http://www.psychanp.org) The minimum requirements to start an application are:
  - a. Graduation from an accredited naturopathic medical program and passing the NPLEX exam.
  - b. Proof of licensure (copy of license) and good standing with any state that regulates ND's, as acknowledged by the American Association of Naturopathic Physicians (<https://naturopathic.org/page/RegulatedStates>).
  - c. Completion of 6CE's for Suicide Prevention and 6 CE for Psychiatric Emergencies.
  
2. A welcome email will then be sent to you with instructions on how to submit the application for review. Complete the application including application fee and fulfill ALL requirements to be a fellow of the American Board of Naturopathic Psychiatry based on the timeline provided. Requirements include:
  
3. Continuing Medical Education
  - a. CE's must be completed within the past 5 years of the start of application, until March 31 following the application year. Example, CE's for an application submitted on April 5, 2024 should have been completed between April 5, 2019 and March 31, 2025.. Acceptable CE's are those approved by AANP, NANCEAC, ACCME/AMA Category I.
  - b. Completion of 62 CE's that are the foundation of safe general psychiatric practice. The 6CE's for Suicide Prevention and 6 CE for Psychiatric Emergencies are required to start the application. The other CE requirements are due March 31 of the year following the start of application.
    - i. 6 CE's for Suicide Prevention, Assessment and Intervention
    - ii. 6 CE's for Psychiatric Emergencies (should cover at least these: Suicidality, agitated/homicidal patient, substance-related emergency-delirium tremens, opiate overdose, NMS/Acute Dystonia, Serotonin Syndrome, Hypertensive Crisis/Tyramine Reaction, Lithium Toxicity, TCA/anticholinergic toxicity, Delirium/Psychosis/Altered mental status presentation)
    - iii. 5 CE's related to Psychotherapy or Counseling  
Examples: Motivational Interviewing, CBT
    - iv. 20 total CE's related to Psychopharmacology  
Examples

- a. Psychopharmacology related to depression and anxiety
  - b. Psychopharmacology related to bipolar and psychotic disorders
  - c. Psychopharmacology related to substance use disorder and addiction
  - d. Psychopharmacology related to neurocognitive disorders (e.g. ADHD, dementia)
  - e. Others
- v. 25 total CE's related to General Psychiatry or Mental Health with 2 CE required for Domestic Violence and abuse, and 2 CE for Ethics

Examples

1. Assessment and management of psychiatric disorders
  - a. Mood disorders
  - b. Psychotic disorders
  - c. Substance Use Disorders
  - d. Eating Disorders
  - e. Neurocognitive Disorders
  - f. Mental health in special populations (older adults, postpartum, perinatal, BIPOC, LGBTQIA community)
  - g. Mental Health in Pediatrics
  - h. Pain and management of pain
  - i. Trauma informed care
  - j. If there is doubt if a CE can count for General Psychiatry or Mental Health, the applicant should be able to cite the inclusion of the topic or chapter in a widely accepted textbook such as Saddock or Maudsley.
2. Ethics that is relevant to mental health practice, public mental health, health equality, cultural competence or similar (2 CE required)
3. Domestic violence and Abuse (2 CE required)

Examples:  
Free CME on [Child Abuse](#), [Domestic and Family Violence](#), [Interpersonal Violence](#)
4. Case Studies to Demonstrate Clinical Knowledge and Decision Making. Case studies should follow HIPAA regulations and be de-identified per [Department of Health and Human Services website](#). See separate PDF for Rubrics.
5. Evidence of Naturopathic Psychiatric/Mental Health Practice

- i. Minimum of three years of psychiatric/mental health focused practice
  - ii. 2,000 patient/client contacts (each visit with the same patient is counted as one contact, i.e. one patient who has had six visits = six contacts)
6. Evidence of Teaching or Contribution to the Field (waived in 2024 application cycle)
- i. Teaching a mental health class at an ND college or residency program
  - ii. Being a preceptor
  - iii. Authorship of papers/textbooks
  - iv. Presentation of CE to a professional audience

## **PsychANP Full Fellowship Application Form/Worksheet**

Date of Initial Submission:

Date that ALL requirement should be completed by (March 31 of the initial submission year):

Date Received by Certification Committee:

**Step 1: General Applicant Information (Please provide current information as some persons may have changed named, acquired new licenses, etc since the original Start of Application date)**

Name:

Address:

Mobile Number:

Fax:

Email:

**Step 2. Education and Licensing**

CNME Accredited Naturopathic Medical School attended and year graduated:

Other accredited professional schools attended and year graduated:

States/Provinces in which you are currently licensed to practice Naturopathic Medicine:

State/Province _____	License # _____	Years Licensed _____
State/Province _____	License # _____	Years Licensed _____

Has your Naturopathic License ever been revoked or suspended or investigated?

Are you currently under any review, investigation or similar process by a State Board of entity?

If yes, explain:

Other current professional licenses/certifications (please list):

\_\_\_\_\_ Check if you are a PsychANP Member in good standing

**Attestation**

I agree that PsychANP has the sole discretion to accept and/or grant as well as to reject or revoke any application and/or membership and/or status at any time. I agree that PsychANP does not provide any license or permit to practice, nor scope of practice change, nor specific recommendations for my practice, and that these are solely determined by the jurisdiction or State in which I practice. I agree that any and all decisions and actions I exercise in my practice is based on my own clinical and ethical decision-making, and not based on any recommendations made by the PsychANP or any of its agents, employees, Board members or educators.

I agree that PsychANP will not be liable for any special, indirect, consequential or incidental damages of any kind, including, without limitation, any loss of profit, loss of use, or business interruption, based on any claim under this application, even if such party has been advised of the possibility of such damages. To the extent permitted by applicable law, in no event shall the liability for damages hereunder of the organization or its employees or agents or Board members exceed the amounts actually paid to the organization by the applicant.

I agree that PsychANP may at any time change its requirements for application. I attest that my status as Fellow Candidate or Full Fellow is dependent on the maintenance of my professional license and freedom from any conviction or suspension of my license.

I hereby affirm that the information provided in this application is true and accurate.

Applicant Signature \_\_\_\_\_

Date \_\_\_\_\_



## Case Studies to Demonstrate Clinical Knowledge and Decision Making

Detailed case reports on four (4) different patient/client demonstrating naturopathic management. If you have seen a patient/client for more than the required visit number, simply document the most relevant or challenging of those visits.

Case studies should follow HIPAA regulations and be de-identified per [Department of Health and Human Services website](#).

The written case studies must include:

1. One (1) case of a single patient/client with a mood disorder with at least two (2) follow-up visits.
2. One (1) case of a single patient/client with any chronic mental health condition with at least three (3) follow-up visits.
3. One (1) case of a single patient/client with an emergency or acute mental health presentation (e.g. a suicidal depressed patient/client with at least two (2) follow-up visits.)
4. One (1) case of a single patient/client at least one year duration with at least five (5) follow-up visits.

Please include various conditions and/or age groups. Each case must represent a different patient/client.

Refer to Case Study Rubric Document for Grading.

### **Psychiatric and Mental Health Practice**

Three years of psychiatric focused practice, and minimum 2,000 psychiatry focused patient/client contacts:

(Patient 2,000 contacts can be obtained within the past 5 years of practice; a naturopathic medical student is not in practice yet so clinical hours as a student do not count; however, naturopathic medical residents are already in practice as they are already licensed, so those contact hours do count)

- o Three years or more of psychiatric focused practice includes documented time for the following,
  - § Residency hours focused on psychiatry or mental health care
  - § Hours acquired while practicing as a licensed ND with a mental health focus, acceptable documentation includes de-identified roster of patient/clients with at least half of whom you have diagnosed and treated for a mental health diagnosis
  - § If already practicing as an ND hours acquired while practicing as a masters or higher level trained licensed independent mental health practitioner (e.g. PsyD, LMHC, MD-DO-Psychiatry).
- o Minimum of 2,000 psychiatry focused patient/client contacts
  - § Psychiatry focused patient/client contacts are evidenced by a chart that includes a DSM-5 diagnosis in the assessment and plan; in situations where the practitioner is unable to diagnose (e.g. prelicens state, the inclusion of *a most likely* DSM-5 diagnosis in the assessment and plan is sufficient)
  - § The same patient/client can count for unique contacts if the patient/client care is delivered on different dates (e.g. establish care for patient/client A is 1 contact, follow-up visit in January for patient/client A is 1 contact, February follow-up for patient/client A is 1 contact, etc).



<p><b>Optional:</b></p> <p><b>Contributions to the Profession:</b></p> <p><b>Experience in Teaching and Mentorship:</b> Evidence of 10 units of teaching and mentorship related to psychiatry or mental health. Examples include the following:</p> <ul style="list-style-type: none"> <li>· Teaching psychiatry or mental health related courses in an accredited naturopathic medical school, OR, faculty or clinical supervisor work in a psychiatry focused naturopathic residency program, 0.5 school year = 3 units</li> <li>· Preceptor work for naturopathic medical students, 96 hours (8 hours x 12 weeks) = 3 units</li> <li>· Authorship of a psychiatry/mental health related Journal Article, PsychANP website, PsychANP newsletter/communication. Pubmed indexed journal = 10 units; non-pubmed peer reviewed journal = 5 units, PsychANP website/newsletter/communication 1 unit per article.</li> <li>· Presentation of CE to a professional audience, 1 CE hour = 1 unit</li> </ul>	
<p><b>Pass PsychANP Certification Exam</b></p>	